











# Volunteer Work Placements 2023

# Ichilov Hospital

https://www.tasmc.org.il/sites/en/Pages/default.aspx

#### Overview:

Tel Aviv Sourasky Medical Center is the main hospital complex serving Tel Aviv, Israel and its metropolitan area and the third-largest hospital complex in the country. The complex is spread out over an area of 150,000 m² and incorporates three hospitals: Ichilov General Hospital and Ida Sourasky Rehabilitation Center, Lis Maternity Hospital, and Dana Children's Hospital.

The volunteer is placed in one department of Ichilov hospital:

- I. Assisting the nursing staff in the different wards. Each volunteer will be assigned to one hospital ward:
  - o Performing various emissary tasks to warehouses, labs, post office, pharmacy, etc.
  - o Receiving and dispersing equipment under guidance
    - o Departmental tasks: cleaning (for instance: electronic and medical equipment, tables, carts, etc.), preparing beds and bedside tables, collecting kitchenware, maintenance of laundry and trash cart before and after treatment, refilling the cupboards and nursing and doctors' carts, folding laundry
    - o Assistance in distribution of food: preparing and administering food trays and collecting when done.
- II. Assisting the center's staff in the different wards, helping patients in their daily basic routine activities and keeping them company:
  - o Assistance to patients in basic physical activities
  - o Assisting the nurses in providing personal care
  - o Assisting in preparing handicapped patients for meals: washing hands, face and assisting during the meal if necessary
  - o Assisting in preparing the unit and name cards for new patients
  - o Escorting patients to various tests within the hospital













Approved volunteer assignments are enumerated below. Please note that tasks may vary according to the day or the department, and all jobs must be defined and supervised by the Head Nurse, Program Coordinator or other relevant medical staff.

## Activities Connected Directly to Patient Care

- Vital sign measurements, including: blood pressure, pulse, and temperature
- E.C.G.
- Tests for blood sugar levels
- Response to call buttons and the requests of patients and their escorts.
- Note: Information must be reported to the attending staff
- Help and assistance with feeding

#### Organization & Logistics

- General department organization
- Nurses' station
- Patient cubicles
- Beds
- Linens
- Note: Organize the items into separate, orderly stacks.
- Check the examination rooms for linen deposited by the laundry staff.
- Clear laundry baskets as necessary.
- Supply stock
- Equipment
- Note: Maintain the cleanliness of equipment in the department.
- Collection of patient food trays

#### Errands

- Pharmacy
- Medical departments, institutes and clinics
- Storage departments
- Note: Errands to the aforementioned locations include: acquiring new or sterilized equipment and medication, transferring documents and taking equipment to and from repair.

#### Office Work

- Organization of forms and documents













### Requirements:

- The volunteer should have a strong work ethics, responsibility and the resourcefulness needed to work and face the challenges encountered during the work in a hospital. The sights seen at the hospital can be very difficult, and a volunteer must have the mental and social abilities to deal with them whilst keeping a sense of optimism and joyfulness.
- Being prepared to work in a challenging environment pedagogically and mentally.
- The volunteer should be interested in the medical field. Knowledge in the medical field is a plus.
- Good communication and human-relations skills.

## Daycare Center Na'amat

https://www.naamat.org.il/english/

#### Overview:

Naamat operates a network of 280 Day Care Centers for over 20,000 infants and toddlers from the age of 3 months to 4 years. The NAAMAT day-care kindergartens are committed to the children, to their families, to the professional staff and to the community.

- Assisting the staff in the everyday tasks (early learning activities, changing diapers, feeding, cleaning, watching and escorting the toddlers, etc.)
- Working with an individual child or with a group of children
- Providing the children with a loving and warm environment

## Requirements:

- Working in the early childhood field requires passion for working with young children as well as great patience and motivation, as education is a long process.
- The volunteer should have a strong work ethics, responsibility and the resourcefulness needed to work with children.
- Good communication and human-relations skills.













# Daycare Center WIZO

http://www.wizo.org/

#### Overview:

WIZO is an international social movement founded in London in 1920 and currently operates as an NGO. WIZO operates day care centers in Israel and provides services for children from birth to the age of three. An average day care center has 77 kids, divided into classes according to age – infants, toddlers and pre-kindergarten (in some day care centers there's an additional kindergarten class). The staff of each class includes 3-4 caregivers and a kitchen, with a cooking staff providing fresh food to the kids every day. In each day care center, the staff attends both of the physical and the educational and pedagogical needs of the children.

- Assisting the staff in the everyday tasks (early learning activities, changing diapers, feeding, cleaning, watching and escorting the toddlers, etc.)
- Working with an individual child or with a group of children
- Providing the children with a loving and warm environment

## Requirements:

- Working in the early childhood field requires passion for working with young children as well as great patience and motivation, as education is a long process.

  The volunteer should have a strong work ethics, responsibility and the resourcefulness needed to work with children.
- Good communication and human-relations skills.

# King Solomon School

http://www.kingsolomonschool.org/

#### Overview:

King Solomon school is a Jewish, Israeli and International School. They are a bilingual school where pupils are provided with the opportunity to learn in both Hebrew and English. The school mission is to provide their pupils with an international, bilingual learning experience in a holistic educational environment which nurtures the potential of each child, promotes International values, creates a sense of responsibility towards

others and forms a strong Jewish, Zionist identity.













- School hours are from 8:00 15:00 Sunday to Thursday and 8:00-12:00 on Fridays. After school activities are offered on most days until 16:00.
  - The school offers two healthy meals per day. All food is cooked and prepared in the school kitchen daily with a strong focus on healthy eating habits.
- King Solomon places it's focus on various learning areas and their integration into the school day. Areas such as English, music, art and sports.
- Assisting the staff in the everyday tasks
- Working with an individual child or with a group of children teaching English

### Requirements:

- Highly proficient in English.
- Good communication and human-relations skills.
- Able to work in an orthodox environment.

Bet Ekstein – Care for persons with special needs/ disabilities <a href="https://b-e.org.il/english/">https://b-e.org.il/english/</a>

#### Overview:

Beit Ekstein from Danel group is the largest organization in Israel that provides person centric services for people with disabilities, including people with Intellectual disabilities, Cognitive disabilities, Autism Spectrum Disorders, Down syndrome, Physical disabilities and Mental Health conditions. The organization was founded in 1987 and serves more than 4500 clients and employers, with more than 2000 workers in more than 50 facilities. Beit Ekstein's main mission is to increase the quality of life and social inclusion of our clients and of people with disabilities in general.

#### Requirements:

- Working with persons with special needs requires patience and motivation and emotional intelligence. The volunteer should have a strong work ethics, be creative, innovative and inspired to bring joy to this community.

- Good communication and interpersonal skills.
- Instrument skills (piano/ guitar) is ideal.

#### **NEW!**

### Alin Beit Noam (TLV region)

A center for adults with intellectual and physical disabilities. In 1997 it started with a model of Community Housing – apartments for the participants who cannot go back home after the center hours, for various reasons.

Each apartment is assisted by 3 staff members and 2 Israeli volunteers ("Sherut Leumi" – The Israeli National Service). Working there will be in the afternoon shifts and nights, as in the morning the participants are in the day center.

Staff is assisting the participants in everyday life tasks such as eating, assistance dressing, and social life along with housekeeping and individual interests.

All the staff in the community housing project are professionals in those fields or nursing students. It is very important to reflect on the volunteer's challenges and difficulties in this center.

## Sheba Medical Center (TLV region)

Biggert Hospital in Israel ranked in the top 10 Hospitals by Newsweek magazine (9# in 2020, 10# in 2021).

Volunteers can join the ER staff, all the different departments, logistics or labs, and also in educational programs for the young patients in the hospital- running kindergarten, classes, and activities.

### Rachshei Lev

An amazing foundation located in Ichilov and Sheba Tel Hashomer operates accommodation and residential centers for hospitalized children and their families. The complex is amazing and provides everything a child could ask for, we are looking for quality and energetic company that understands the tremendous meaning of the place, preferably Hebrew speakers / some orientation in Hebrew for the sake of the children.