# ALL SECTIONS MUST BE FILLED OUT COMPLETELY AND WILL BE TREATED CONFIDENTIALLY **PHYSICAL EXAMINATION**

(To be completed by a licensed physician)

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Weight	Height	Blood Type	Blood Pressure	
Pulse	Respiration	Hearing	Vision	
Any abnorm	al findings:			

## PSYCHOLOGICAL

1. Is the participant currently involved in psychological therapy of any kind?

If so: a) With whom? Psychiatrist Phychologist Counsellor Social Worker

2. Is there any history of psychological or psychiatric care? If YES, give dates:

- 3. Has the participant ever been advised to have counseling, psychotherapy or other psychiatric care?
- 4. If yes has been answered to any of the above questions, please describe and explain

#### NOTE TO PHYSICIAN

The program to which the participant is applying is extremely physically and emotionally demanding

### **PHYSICIAN'S STATEMENT**

I have completed an examination of \_\_\_\_\_\_ whom I have known for \_\_\_\_\_years. The results I have recorded represent, to the best of my knowledge, all the participant's medical history and my findings on examination. I understand that the program organizers will rely on my report and findings. In my opinion the participant is physically, mentally and emotionally capable of participating in the program.

I recommend full physical activity: YES	NO	If NO, please explain:
I recommend certain restrictions: YES	_NO_	If YES, please explain:
I recommend a special diet: YESNO		If YES, please explain:
Name of Physician (please print) Address:		
Address:	_ Date_	
Signature of Physician License Number		
Physician Stamp		

#### **PARTICIPANT'S STATEMENT**

I hereby certify that, to the best of my knowledge, this medical form is complete in all its details and I fully realize that any condition, mental or physical, that I am found to have, originating prior to the beginning of the program, and which is not described in full in this form or in an accompanying letter, will be due cause for my return to my country of origin, or treatment in Israel, solely at my expense, and that the program organizers have neither responsibility or liability arising out of such a condition.

All medication that I take regularly is at my own expense, and has been detailed on this form or accompanying letter. I also give my full permission for all treatment of any nature deemed necessary by doctors in Israel to be extended to me within the framework of the Medical Services of the program's organizers in Israel.

Name of participant\_\_\_\_\_ Date\_\_\_\_\_